

Illawarra Shoalhaven, Parent/Carer webinar: Supporting young people impacted by suicide

headspace National are hosting an education webinar for parents and carers of young people in the Illawarra Shoalhaven region of NSW.

The session aims to:

- Provide information regarding a young person's mental health.
- Increase your awareness of how to support young people impacted by suicide.
- Provide information about what grief might look like, and strategies to support a young person who is grieving.
- Build awareness of local, state and national support services.

When:

Tuesday 18 April 2023
6:00 - 7:15pm AEST.

Where:

Online webinar.

How do I register?

Click here to register via Eventbrite: bit.ly/3G2zOQm or copy the URL into your web browser.

All those who register will receive a digital information pack after the session that includes key messages as well as links to resources and support services.

Contact:

For more information email: programsupport@headspace.org.au